



**Bureau of Children,  
Youth and Families**

**Gotham Center**  
42-09 28<sup>th</sup> Street  
19 Floor, CN 23  
Queens, NY 11101-4132

+ 1 347-396-7070 tel  
+ 1 347-396-8973 fax

The 9 **Family Resource Centers (FRCs)** provide individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model.

**FRCs provide to parents/caregivers and youth:**

- Emotional support
- Advocacy to help navigate child-serving systems
- Information about mental health conditions, services and family rights
- Referrals to appropriate services and resources
- Skill development through educational workshops
- Recreational activities
- Respite

**All FRC services are free of charge, and no referral is needed to access services.**

<p><b><i>FRC of Northern Bronx – Vibrant Emotional Health</i></b> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Iliana Reyes Phone: 718-220-0456</p>	<p><b><i>FRC of Southern Manhattan – Vibrant Emotional Health</i></b> 1 Penn Plaza 36<sup>th</sup> floor Suites 3696 and 3697 New York NY 10019</p> <p>Program Director: Janet Rosa Phone: 212 964 5253</p>	<p><b><i>FRC of Northern Brooklyn – Institute for Community Living</i></b> 2581 Atlantic Avenue Brooklyn, NY 11207</p> <p>Program Director: Terri Johnson Phone: 718-290-8100 Warm Line: 877-425-8133</p>
<p><b><i>FRC of Southern Bronx – Vibrant Emotional Health</i></b> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Yvette Pena Phone: 718-220-3868</p>	<p><b><i>FRC of Western Queens – Vibrant Emotional Health</i></b> 29-46 Northern Boulevard, 2nd Fl Long Island City, NY 11101</p> <p>Program Director: Ina Concepcion Phone: 718- 651-1960 Phone: 718-698-5307</p>	<p><b><i>FRC of Southern Brooklyn – Jewish Child Care Association</i></b> 858 East 29<sup>th</sup> St. Brooklyn, NY 11210</p> <p>Program Director: Yudelca DeLaCruz Phone: 347-462-8124 Warm Line: 347-394-5186</p>
<p><b><i>FRC of Northern Manhattan – Vibrant Emotional Health</i></b> 1 Penn Plaza 36<sup>th</sup> floor Suites 3696 and 3697 New York NY 10119</p> <p>Program Director: Lucy Santana Phone: 212-410-1820</p>	<p><b><i>FRC of Eastern Queens – St. John’s Episcopal</i></b> 148-45 Hillside Avenue, Suite 203 Jamaica, NY 11435</p> <p>Program Director: Kathy Gardini Phone: 347-644-5711</p>	<p><b><i>FRC of Staten Island – Jewish Board Family and Children Services</i></b> 1765 South Avenue Staten Island, NY 10314</p> <p>Program Director: Deborah Miller Phone: 718-698-5307</p>

For more information, contact Salena Mullen at [smullen@health.nyc.gov](mailto:smullen@health.nyc.gov)